外國人必吃台灣美食

1. 魯肉飯 Braised pork rice

2. 牛肉麵 Beef noodles

3. 蚵仔煎 Oyster omelet

4. 珍珠奶茶 Bubble tea

5. 虱目魚 Milkfish

6. 擔仔麵 Slack Season danzai noodles

7. 生煎包 Pan-fried buns

8. 割包 Gua bao

9. 鐵蛋Iron egg

10. 鳳梨酥 Pineapple cake

11.甜不辣 Tian bu la (Taiwanese oden)

12.肉圓 Ba wan (Giant meat dumplings)

13.炸雞 Fried chicken

14.蔥抓餅Flaky scallion pancakes

15.蚵仔麵線 Oyster vermicelli

16.臭豆腐 Stinky tofu

17.紅薯 Sweet potato

18.剉冰 Shaved ice mountain

19.胡椒餅 Pepper cakes

20.鼎泰豐小籠包Dumplings at Din Tai Fung Dumpling House

21.魚丸湯 Fish ball soup

22.藥燉排骨 Ribs stewed in medicinal herbs

23.鵝肉 Goose

24.鼎邊銼 Ding bian cuo

25.麻糬 Mochi

26.加熱滷味 Anything braised with Lantern soy sauce

27.筒仔米糕 Tube rice pudding

28.台式早餐（豆漿油條）Taiwanese breakfast

29.豬血湯　Pig's blood rice pudding

30.三杯雞　Three-cup chicken

31.粄條　Ban tiao noodles

32.洪瑞珍三明治　Horng Ryen Jen Sandwich

33.愛玉　Aiyu jelly

34.皮蛋豆腐　Pidan tofu

35.蒸春捲　Steamed spring rolls

36.麻辣火鍋　Spicy hotpot

37.雞翅飯捲　Chicken wing rice roll

38.超大貢丸湯　Giant pork balls soup

39.吳寶春麵包　Wu Pao Chun Bakery Breads

40.便當　Biandang

**10大網友最糾結噁心的台灣食物：**

**1. 臭豆腐  
2. 皮蛋  
3. 豬血糕  
4. 鴨血  
5. 雞屁股  
6. 雞腳  
7. 鴨舌  
8. 秋葵  
9. 蚵仔煎  
10. 冬瓜茶**